Job Title: Nutrition Specialist (Unlicensed)

**Reports to:** Nutrition Supervisor, Healthcare Operations Manager, Healthcare Director

Schedule: One-week sessions available between June 15 – July 18, Sunday-Friday

**Compensation:** Starting at \$375/week. Includes all meals, room and board, referral bonuses,

and the potential for a full-summer bonus equivalent to your earnings for a full

week.

Qualifications: Must have a background/education in nutrition or dietetics, and/or be enrolled

in an education program in a related field. Must have a desire to work with children and adolescents. Experience with type 1 diabetes is preferred but not

required.

## Job summary:

Are you passionate about making a difference in the lives of children? Join our dedicated team as a Nutrition Specialist and help create an unforgettable summer for kids living with type 1 diabetes. You'll provide essential medical support while fostering a safe, nurturing, and fun environment where campers can thrive. Often, camp is the only place a child feels safe and that they belong. You can provide that to a child and send them home with confidence, independence, and happiness. Your care and compassion will leave a lasting impact on these incredible kids, empowering them to embrace their uniqueness and build lifelong memories.

The Nutrition Specialists set the scene for great diabetes management because they have a direct impact on where it all begins — what our campers eat. The Nutrition Specialists and the Nutrition Supervisor work closely with the kitchen to ensure food is being prepared as specified, portions are measured correctly, and carb counts are accurate. They communicate menus, carb counts, and expected serving times to the rest of camp and the medical team so they can prepare properly. In addition, they help pack and deliver the scheduled snacks that keep our campers going all day long. When needed, they can also support and fill in for Healthcare Specialists and provide hands-on diabetes management to campers. Essentially, our Nutrition Team makes sure our campers have the nutrition and substantial energy to have a great day at camp!

We value flexibility and a collaborative spirit. While each role at Camp comes with primary responsibilities, there will be occasions when you'll be called upon to assist in other areas as needed. We believe in a 'can-do' attitude and appreciate staff members who are open to taking on new challenges. This approach helps us all grow and succeed together.

Make this summer one of growth, connection, and joy. Apply now and become part of a team that's changing lives, one camper at a time.

## **Duties and responsibilities:**

- Be an active part of the medical team to ensure the health and safety of all campers and staff.
- Work directly with the kitchen team to provide guidance and education about properly preparing food, measuring appropriate serving sizes, and calculating accurate carb counts.

- Communicate menu items, carb counts, and estimated serving time to counselors and medical staff.
- Prepare and pack morning, evening, and bedtime snacks for campers from a list of approved snacks.
- Assist with pre- and post-meal bolusing, calculating insulin dosages, and administering insulin under RN supervision.
- Provide education to campers and staff about nutrition, carb counting, measuring portions, and the importance of a balanced diet.
- Provide coverage for Healthcare Specialists when needed. This includes hands-on diabetes care and management.
- Promptly respond to, treat, and/or assist with camper medical concerns or health emergencies including accidents, high and low blood glucose, illness, etc.
- Document accurate medical interventions in the EMR.
- Participate in camp activities to enhance camper experience and provide medical support as needed.
- Offer emotional and psychological support to campers to help them feel comfortable, confident, and empowered in managing their type 1 diabetes.
- Follow all protocols outlined in the medical manual.
- Attend pre-season medical training.
- All other duties assigned by the Healthcare Director, Medical Director, or Camp Director.

## **Physical Aspects of the Job:**

- Ability to work in a kitchen safely use sharp objects, lift pots and pans, stand on feet, etc.
- Ability to walk through gravel and camp-like terrain.
- Ability to read and follow directions on nutrition labels, medication labels, health forms, physician orders, and parent letters.
- Ability to communicate with parents, staff, and administration about camper health concerns.
- Possess endurance to meet emergency needs.

If you are interested in joining the medical team this summer, please apply online at

www.camphomitakoda.org/staff-portal or email Sara Serafine at sara@camphomitakoda.org